



# Applebee's® ALLERGEN INFORMATION

As America's Favorite Neighbor, the health and safety of our guests are top priorities at Applebee's. As part of our commitment to you, we provide the most current allergen information available from our food suppliers on eight common allergens plus gluten, so that our Guests with food allergies can make informed food selections. Please be aware that during normal kitchen operations involving shared cooking and preparation areas, including common fryer oil, the possibility exists for food items to come in contact with other food products. **Due to these circumstances, we are unable to guarantee that any menu item can be completely free of allergens.**

 [Applebee's Soy Allergen Information](#)

 [Applebee's Egg Allergen Information](#)

 [Applebee's Dairy Allergen Information](#)

 [Applebee's Peanut Allergen Information](#)

 [Applebee's Shellfish Allergen Information](#)

 [Applebee's Tree Nut Allergen Information](#)

 [Applebee's Wheat Allergen Information](#)

 [Applebee's Fish Allergen Information](#)

 [Applebee's Gluten Allergen Information](#)

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**Items may vary by restaurant, may not be available at all locations, and are subject to change.  
Applicable only to the U.S.A. Menu items, ingredients and preparation may differ outside of U.S.A.**

**Applebee's Guest Relations 888-59APPLE (888-592-7753)**

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# SOY ALLERGEN INFORMATION

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## APPETIZERS

Chips & Salsa  
Mozzarella Sticks  
Potato Skins  
Queso Blanco  
Potato Twisters

## SALADS WITHOUT DRESSING

Apple Walnut Chicken Salad  
Fried Chicken Salad  
Oriental Chicken Salad  
Bruschetta Chicken Salad  
Fiesta Chicken Chopped Salad

## SALAD DRESSINGS

Ranch  
Creamy Bleu Cheese  
Garlic Caesar Dressing  
Honey Balsamic  
Honey French  
Honey Mustard  
Thousand Island  
Jalapeño Dressing  
Champagne Vinaigrette

## STEAKS

**Not Including Sides**  
New York Strip  
Ribeye

## SEAFOOD

**Not Including Sides**  
Double Crunch Shrimp

## CHICKEN

**Not Including Sides**  
Chicken Tenders Basket  
Chicken Tenders Platter  
Margherita Chicken

## SOUP

Fiesta Corn Chowder

## SIDES

Baked Potato – Regular and Loaded  
Cole Slaw  
French Fries  
Fruit Side  
Celery Side  
Applesauce  
Herb Potatoes  
Mexi Rice  
Seasonal Vegetables  
Add Fried Shrimp  
Crispy Red Potatoes  
Meatball Side

## SAUCES

Honey Barbecue  
Southern Barbecue  
Marinara  
Dijon Sauce  
Balsamic Glaze  
Seafood Sauce  
Pico de Gallo  
Salsa  
Bruschetta  
Creamy Avocado Dressing

Signature Slider Sauce  
Sour Cream  
Chipotle Mayo  
Guacamole  
Black Bean Corn Salsa  
Chili Lime Sauce  
Napa Valley Red Wine Sauce  
Chunky Roma Pepper Relish  
Pesto Mayo  
Cimichurri Sauce

## CHILD'S MENU

**Not Including Sides**  
Chicken Tenders  
Fried Shrimp  
Macaroni & Cheese  
Pasta Marinara  
Grilled Chicken

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# Applebee's® EGG ALLERGEN INFORMATION

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## APPETIZERS

Chili Cheese Nachos  
Chips & Salsa  
Potato Skins  
Queso Blanco  
Spinach & Artichoke Dip  
Steak Quesadilla Tower  
Veggie Patch Pizza  
Potato Twisters  
Queso Blanco with Chili

## SALADS WITHOUT DRESSING

House Salad  
Apple Walnut Chicken Salad  
Grilled Chicken Caesar Salad  
Grilled Shrimp 'N Spinach Salad  
Grilled Steak Caesar Salad  
House Caesar Salad  
Grilled Oriental Chicken Salad

## SALAD DRESSINGS

Honey Balsamic  
Honey French  
Oriental Vinaigrette  
Fat-Free Italian  
Hot Bacon Vinaigrette  
Apple Walnut Salad Dressing  
Champagne Vinaigrette

## STEAKS

### *Not Including Sides*

House Sirloin  
Bourbon Street Steak  
New York Strip

Ribeye  
Shrimp 'N Parmesan Sirloin  
Sizzling Steak & Cheese  
Steak & Grilled Shrimp  
Steak & Fried Shrimp  
Steak & Honey BBQ Chicken  
Steak & Riblets  
Signature Sirloin with  
Garlic Herb Shrimp  
Chicken Fried Steak  
Sizzling Cajun Steak & Shrimp  
Roasted Garlic Sirloin  
Cabernet Mushroom Sirloin  
Sizzling Double Barrel Whisky Sirloins

## STEAK TOPPERS

Crispy Onion  
Grilled Onions  
Sauteed Garlic Mushrooms  
Shrimp & Parmesan

## SEAFOOD

### *Not Including Sides*

Double Crunch Shrimp  
Garlic Herb Salmon  
Orange Glazed Salmon  
Cajun Shrimp Pasta  
Sizzling Asian Shrimp & Broccoli  
Grilled Jalapeño-Lime Shrimp  
Blackened Tilapia  
Sizzling N'Awlins Skillet

## CHICKEN

### *Not Including Sides*

Grilled Dijon Chicken & Portobello  
Margherita Chicken  
Smothered Grilled Chicken  
Bourbon Street Chicken & Shrimp  
Bruschetta Chicken  
Sizzling Chili Lime Chicken  
Creamy Parmesan Chicken  
Sizzling Chicken Fundito

## RIBS

### *Not Including Sides*

Riblets Platter  
Double Glazed Baby Back Ribs  
Riblet Basket

## FAJITAS

Sizzling Fajitas – Chicken,  
Steak, Shrimp & Combo(s)

## SANDWICHES & BURGERS

Bacon Cheese Chicken Grill  
Burger  
Cheeseburger  
Bacon Cheeseburger  
Cowboy Burger  
Honey BBQ Chicken Sandwich  
Philly Cheese Steak Sandwich  
Philly Burger  
Roast Beef, Bacon & Mushroom Melt

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# Applebee's<sup>®</sup> EGG ALLERGEN INFORMATION ... CONTINUED

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## PASTA & BOWLS

Chicken & Broccoli Pasta Alfredo  
Shrimp Fettuccine Alfredo Bowl  
Three Cheese Chicken Penne Pasta  
Chicken Fettuccine Carbonara  
Blackened Steak Penne  
Blackened Chicken Penne

## SOUPS

Broccoli Cheese Soup  
Potato Cheese with Bacon Soup  
Chicken Tortilla Soup  
New England Clam Chowder  
Tomato Basil Soup  
Chili  
Black Bean Soup  
Fiesta Corn Chowder  
Tuscan Bean Soup with  
Chicken & Sausage  
French Onion Soup

## SIDES

Baked Potato – Regular and Loaded  
French Fries  
Fruit Side  
Garlic Broccoli  
Garlic Mashed Potatoes –  
Regular and Loaded  
Seasonal Vegetables  
Almond Rice Pilaf  
Mexi Rice  
Applesauce  
Herb Potatoes  
Chili Cheese Fries  
Add Fried Shrimp

Add Grilled Shrimp  
Crispy Red Potatoes  
Ciabatta Breadstick Basket  
Garlic Broccoli  
Red Beans & Rice

## SAUCES

Pico de Gallo  
Honey Barbecue  
Southern Barbecue  
Sweet & Spicy Sauce  
Guacamole  
Seafood Sauce  
Spicy Brown Sugar Glaze  
Parmesan Topping  
Marinara  
Wing Sauce  
Salsa  
Bruschetta  
Balsamic Glaze  
Au Jus  
Creamy Cheese Sauce (Mac Sauce)  
Country Gravy  
Black Bean Corn Salsa  
Dijon Sauce  
Alfredo Sauce  
Sour Cream  
Spicy Orange Glaze  
Homestyle Sauce  
Napa Valley Red Wine Sauce  
Chunky Roma Pepper Relish  
Cimichurri Sauce

## DESSERTS

Chocolate Mousse Shooter  
Hot Fudge Sundae Shooter  
Sizzling Apple Pie  
Chocolate Chip Cookie Sundae

## CHILD'S MENU

### *Not Including Sides*

Cheese Pizza  
Fried Shrimp  
Grilled Cheese  
Hot Dog  
Macaroni & Cheese  
Pasta Marinara  
Steak  
Oreo<sup>®</sup> Cookie Sundae  
Sundae

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# Applebee's<sup>®</sup> DAIRY ALLERGEN INFORMATION

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## APPETIZERS

Chips & Salsa

## SALADS WITHOUT DRESSING

Grilled Shrimp 'N Spinach Salad  
Grilled Oriental Chicken Salad

## SALAD DRESSINGS

Fat-Free Italian  
Honey French  
Honey Mustard  
Thousand Island  
Hot Bacon Vinaigrette  
Champagne Vinaigrette

## STEAKS

### *Not Including Sides*

House Sirloin  
New York Strip  
Ribeye  
Steak & Fried Shrimp  
Steak & Honey BBQ Chicken  
Steak & Riblets

## STEAK TOPPERS

Grilled Onions

## SEAFOOD

### *Not Including Sides*

Double Crunch Shrimp  
Sizzling Asian Shrimp & Broccoli  
Grilled Jalapeño-Lime Shrimp

## CHICKEN

### *Not Including Sides*

Sizzling Chili Lime Chicken

## RIBS

### *Not Including Sides*

Riblets Platter  
Double Glazed Baby Back Ribs  
Riblet Basket

## SIDES

French Fries  
Fruit Side  
Mexi Rice  
Applesauce  
Add Fried Shrimp  
Crispy Red Potatoes

## SAUCES

Pico de Gallo  
Honey Barbecue  
Southern Barbecue  
Sweet & Spicy Sauce  
Guacamole  
Tartar Sauce  
Seafood Sauce  
Chipotle Mayo  
Marinara  
Wing Sauce  
Salsa  
Bruschetta  
Balsamic Glaze  
Au Jus  
Black Bean Corn Salsa

Signature Slider Sauce

Mayonnaise

Chili Lime Sauce

Chunky Roma Pepper Relish

Chimichurri Sauce

## CHILD'S MENU

### *Not Including Sides*

Fried Shrimp  
Grilled Chicken  
Steak

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# Applebee's® PEANUT ALLERGEN INFORMATION

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## APPETIZERS

Appetizer Sampler  
Boneless Chicken Wings  
Buffalo Chicken Wings  
Chili Cheese Nachos  
Chicken Quesadilla Grande  
Chips & Salsa  
Crunchy Onion Rings  
Mozzarella Sticks  
Potato Skins  
Queso Blanco Dip  
Spinach & Artichoke Dip  
Steak Quesadilla Tower  
Veggie Patch Pizza  
Chicken Wonton Tacos  
Quesadilla Grande  
Queso Blanco with Chili  
Potato Twisters

## SALADS WITHOUT DRESSING

House Salad  
Apple Walnut Chicken Salad  
Fried Chicken Salad  
Grilled Chicken Caesar Salad  
Grilled Oriental Salad  
Grilled Shrimp 'N Spinach Salad  
Grilled Steak Caesar Salad  
House Caesar Salad  
Oriental Chicken Salad  
Santa Fe Chicken Salad  
Bruschetta Chicken Salad  
Fiesta Chopped Chicken Salad

## SALAD DRESSINGS

Ranch  
Creamy Bleu Cheese  
Fat-Free Italian  
Garlic Caesar Dressing  
Honey Balsamic  
Honey French  
Honey Mustard  
Mexi Ranch  
Oriental Vinaigrette  
Thousand Island  
Hot Bacon Vinaigrette  
Apple Walnut Salad Dressing  
Jalapeño Dressing  
Champagne Vinaigrette

## STEAKS

**Not Including Sides**  
House Sirloin  
Bourbon Street Steak  
Chicken Fried Steak  
New York Strip  
Ribeye  
Shrimp 'N Parmesan Sirloin  
Sizzling Steak & Cheese  
Steak & Grilled Shrimp  
Steak & Fried Shrimp  
Steak & Honey BBQ Chicken  
Steak & Riblets  
Signature Sirloin with  
Garlic Herb Shrimp  
Sizzling Cajun Steak & Shrimp  
Roasted Garlic Sirloin  
Cabernet Mushroom Sirloin  
Sizzling Double Barrel Whisky Sirloins

## STEAK TOPPERS

Crispy Onion  
Grilled Onions  
Sauteed Garlic Mushrooms  
Shrimp & Parmesan

## SEAFOOD

**Not Including Sides**  
Fish & Chips  
Double Crunch Shrimp  
Garlic Herb Salmon  
Orange Glazed Salmon  
Sizzling Asian Shrimp & Broccoli  
Cajun Shrimp Pasta  
Blackened Tilapia  
Grilled Jalapeño-Lime Shrimp  
Sizzling N'Awlins Skillet

## CHICKEN

**Not Including Sides**  
Chicken Tenders Platter  
Chicken Tenders Basket  
Chicken Fried Chicken  
Chicken Parmesan  
Grilled Dijon Chicken & Portobello  
Fiesta Lime Chicken  
Margherita Chicken  
Smothered Grilled Chicken  
Crispy Orange Chicken  
Bourbon Street Chicken & Shrimp  
Sizzling Chili Lime Chicken  
Bruschetta Chicken  
Creamy Parmesan Chicken  
Sizzling Chicken Fundito

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## RIBS

### **Not Including Sides**

Riblets Platter  
Double Glazed Baby Back Ribs  
Riblet Basket  
Riblets & Chicken Tenders Platter  
Riblets & Chicken Tenders Basket

## FAJITAS

Sizzling Fajitas – Chicken, Steak,  
Shrimp & Combo(s)

## SANDWICHES & BURGERS

Reuben  
Bacon Cheese Chicken Grill  
Blackened Tilapia  
Burger  
Cheeseburger  
Bacon Cheeseburger  
Cowboy Burger  
California Turkey Club  
Cheeseburger Sliders  
Chicken Fajita Rollup  
Club House Grille  
French Dip  
Fire Pit Bacon Burger  
Honey BBQ Chicken Sandwich  
Oriental Chicken Salad Rollup  
Philly Cheese Steak Sandwich  
Quesadilla Burger  
Veggie Burger  
Zesty Ranch Chicken Sandwich  
Battered Fish Sandwich  
Philly Burger  
Stuffed Meatball Sandwich

Fried Green Tomato & Turkey Club  
Roast Beef, Bacon & Mushroom Melt  
Bourbon Black and Bleu Burger

## PASTA & BOWLS

Chicken & Broccoli Pasta Alfredo  
Shrimp Fettuccine Alfredo Bowl  
Three Cheese Chicken Penne Pasta  
Provolone Stuffed Meatballs  
with Fettuccine  
Chicken Fettuccine Carbonara  
Blackened Chicken Penne  
Blackened Steak Penne

## SOUPS

Broccoli Cheese Soup  
Potato Cheese with Bacon Soup  
Home-Style Chicken Noodle  
Chicken Tortilla Soup  
New England Clam Chowder  
French Onion Soup  
Tomato Basil Soup  
Chili  
Black Bean Soup  
Tuscan Bean Soup with  
Chicken & Sausage  
Fiesta Corn Chowder

## SIDES

Baked Potato – Regular and Loaded  
French Fries  
Cole Slaw  
Fruit Side  
Garlic Broccoli

Garlic Mashed Potatoes –  
Regular and Loaded  
Seasonal Vegetables  
Almond Rice Pilaf  
Mexi Rice  
Celery  
Applesauce  
Herb Potatoes  
Chili Cheese Fries  
Add Fried Shrimp  
Add Grilled Shrimp  
Crispy Red Potatoes  
Ciabatta Breadstick Basket  
Meatball Side  
Red Beans & Rice

## SAUCES

Pico de Gallo  
Honey Barbecue  
Southern Barbecue  
Sweet & Spicy Sauce  
Guacamole  
Tartar Sauce  
Seafood Sauce  
Spicy Brown Sugar Glaze  
Parmesan Topping  
Chipotle Mayo  
Marinara  
Wing Sauce  
Salsa  
Bruschetta  
Balsamic Glaze  
Creamy Avocado Dressing  
Au Jus

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### SAUCES ... CONTINUED

Creamy Cheese Sauce (Mac Sauce)  
Country Gravy  
Black Bean Corn Salsa  
Alfredo Sauce  
Dijon Sauce  
Signature Slider Sauce  
Spicy Orange Glaze  
Chili Lime Sauce  
Sour Cream  
Mayonnaise  
Homestyle Sauce  
Napa Valley Red Wine Sauce  
Chunky Roma Pepper Relish  
Pesto Mayo  
Chimichurri Sauce

Mini Burger  
Mini Cheeseburger  
Crispy Chicken  
Hot Dog  
Macaroni & Cheese  
Pasta Marinara  
Steak  
Oreo® Cookie Sundae  
Sundae

### DESSERTS

Blue Ribbon Brownie  
Chocolate Chip Cookie Sundae  
Maple Walnut Brownie  
Chocolate Mousse Shooter  
Hot Fudge Sundae Shooter  
Strawberry Cheesecake Shooter  
Sizzling Apple Pie  
Triple Chocolate Meltdown

### CHILD'S MENU

#### *Not Including Sides*

Cheese Pizza  
Chicken Tenders  
Corn Dog  
Fried Shrimp  
Grilled Cheese  
Grilled Chicken

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# Applebee's SHELLFISH ALLERGEN INFORMATION

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## APPETIZERS

Appetizer Sampler  
Boneless Chicken Wings  
Buffalo Chicken Wings  
Chili Cheese Nachos  
Chicken Quesadilla Grande  
Chips & Salsa  
Crunchy Onion Rings  
Mozzarella Sticks  
Potato Skins  
Queso Blanco Dip  
Spinach & Artichoke Dip  
Steak Quesadilla Tower  
Veggie Patch Pizza  
Chicken Wonton Tacos  
Quesadilla Grande  
Potato Twisters  
Queso Blanco with Chili

## SALADS WITHOUT DRESSING

House Salad  
Apple Walnut Chicken Salad  
Grilled Chicken Caesar Salad  
Grilled Oriental Chicken Salad  
Grilled Steak Caesar Salad  
House Caesar Salad  
Oriental Chicken Salad  
Pecan Crusted Chicken Salad  
Santa Fe Chicken Salad  
Fried Chicken Salad  
Bruschetta Chicken Salad  
Fiesta Chicken Chopped Salad

## SALAD DRESSINGS

Ranch  
Creamy Bleu Cheese  
Garlic Caesar Dressing  
Honey French  
Honey Mustard  
Mexi Ranch  
Oriental Vinaigrette  
Thousand Island  
Honey Balsamic  
Fat-Free Italian  
Hot Bacon Vinaigrette  
Champagne Vinaigrette  
Jalapeño Dressing

## STEAKS

**Not Including Sides**  
House Sirloin  
Bourbon Street Steak  
Chicken Fried Steak  
New York Strip  
Ribeye  
Sizzling Steak & Cheese  
Steak & Honey BBQ Chicken  
Steak & Riblets  
Roasted Garlic Sirloin  
Cabernet Mushroom Sirloin  
Sizzling Double Barrel Whisky Sirloins

## STEAK TOPPERS

Crispy Onion  
Grilled Onions  
Sautéed Garlic Mushrooms

## SEAFOOD

### **Not Including Sides**

Fish & Chips  
Garlic Herb Salmon  
Orange Glazed Salmon  
Blackened Tilapia

## CHICKEN

### **Not Including Sides**

Chicken Tenders Basket  
Chicken Tenders Platter  
Chicken Fried Chicken  
Chicken Parmesan  
Grilled Dijon Chicken & Portobello  
Fiesta Lime Chicken  
Margherita Chicken  
Smothered Grilled Chicken  
Crispy Orange Chicken  
Bruschetta Chicken  
Sizzling Chili Lime Chicken  
Creamy Parmesan Chicken  
Sizzling Chicken Fundito

## RIBS

### **Not Including Sides**

Riblets Platter  
Double Glazed Baby Back Ribs  
Riblet Basket  
Riblets & Chicken Tenders Platter  
Riblets & Chicken Tenders Basket

## FAJITAS

Sizzling Fajitas –  
Chicken and Steak only

**Continued on next page . . .**

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# SHELLFISH ALLERGEN INFORMATION ... CONTINUED

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## SANDWICHES & BURGERS

Reuben  
Bacon Cheese Chicken Grill  
Blackened Tilapia  
Burger  
Cheeseburger  
Bacon Cheeseburger  
Cowboy Burger  
California Turkey Club  
Cheeseburger Sliders  
Chicken Fajita Rollup  
Club House Grille  
Fire Pit Bacon Burger  
Honey BBQ Chicken Sandwich  
Oriental Chicken Salad Rollup  
Philly Cheese Steak Sandwich  
Quesadilla Burger  
Veggie Burger  
Zesty Ranch Chicken Sandwich  
Battered Fish Sandwich  
Philly Burger  
Stuffed Meatball Sandwich  
Fried Green Tomato & Turkey Club  
Roast Beef, Bacon & Mushroom Melt  
Bourbon Black and Bleu Burger  
French Dip

## PASTA & BOWLS

Chicken & Broccoli Pasta Alfredo  
Three Cheese Chicken Penne Pasta  
Provolone Stuffed Meatballs  
with Fettuccine  
Chicken Fettuccine Carbonara  
Blackened Chicken Penne  
Blackened Steak Penne

## SOUPS

Broccoli Cheese Soup  
Potato Cheese with Bacon Soup  
Home-Style Chicken Noodle  
Chicken Tortilla Soup  
French Onion Soup  
Tomato Basil Soup  
Chili  
Black Bean Soup  
Tuscan Bean Soup with  
Chicken & Sausage  
Fiesta Corn Chowder

## SIDES

Baked Potato – Regular and Loaded  
French Fries  
Cole Slaw  
Fruit Side  
Garlic Broccoli  
Garlic Mashed Potatoes –  
Regular and Loaded  
Seasonal Vegetables  
Almond Rice Pilaf  
Mexi Rice  
Celery  
Applesauce  
Herb Potatoes  
Chili Cheese Fries  
Crispy Red Potatoes  
Ciabatta Breadstick Basket  
Meatball Side  
Red Beans & Rice

## SAUCES

Pico de Gallo  
Honey Barbecue  
Southern Barbecue  
Sweet & Spicy Sauce  
Guacamole  
Tartar Sauce  
Seafood Sauce  
Spicy Brown Sugar Glaze  
Parmesan Topping  
Chipotle Mayo  
Marinara  
Wing Sauce  
Salsa  
Bruschetta  
Balsamic Glaze  
Creamy Avocado Dressing  
Au Jus  
Creamy Cheese Sauce (Mac Sauce)  
Country Gravy  
Dijon Sauce  
Black Bean Corn Salsa  
Signature Slider Sauce  
Alfredo Sauce  
Sour Cream  
Mayonnaise  
Chili Lime Sauce  
Spicy Orange Glaze  
Homestyle Sauce  
Napa Valley Red Wine Sauce  
Chunky Roma Pepper Relish  
Pesto Mayo  
Chimichurri Sauce

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## SHELLFISH ALLERGEN INFORMATION ... CONTINUED

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### DESSERTS

Blue Ribbon Brownie  
Chocolate Chip Cookie Sundae  
Maple Walnut Brownie  
Chocolate Mousse Shooter  
Hot Fudge Sundae Shooter  
Strawberry Cheesecake Shooter  
Sizzling Apple Pie  
Triple Chocolate Meltdown

### CHILD'S MENU

#### *Not Including Sides*

Cheese Pizza  
Chicken Tenders  
Corn Dog  
Grilled Cheese  
Grilled Chicken  
Mini Burger  
Mini Cheeseburger  
Crispy Chicken  
Hot Dog  
Macaroni & Cheese  
Pasta Marinara  
Steak  
Sundae  
Oreo<sup>®</sup> Cookie Sundae

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# Applebee's® TREE NUT ALLERGEN INFORMATION

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## APPETIZERS

Appetizer Sampler  
Boneless Chicken Wings  
Buffalo Chicken Wings  
Chili Cheese Nachos  
Chicken Quesadilla Grande  
Chips & Salsa  
Crunchy Onion Rings  
Mozzarella Sticks  
Potato Skins  
Queso Blanco Dip  
Quesadilla Grande  
Spinach & Artichoke Dip  
Steak Quesadilla Tower  
Veggie Patch Pizza  
Chicken Wonton Tacos  
Potato Twisters  
Queso Blanco with Chili

## SALADS WITHOUT DRESSING

House Salad  
Grilled Chicken Caesar Salad  
Fried Chicken Salad  
Grilled Steak Caesar Salad  
House Caesar Salad  
Santa Fe Chicken Salad  
Bruschetta Chicken Salad  
Fiesta Chicken Chopped Salad

## SALAD DRESSINGS

Ranch  
Creamy Bleu Cheese  
Fat-Free Italian  
Garlic Caesar Dressing  
Honey French

Honey Mustard  
Mexi Ranch  
Oriental Vinaigrette  
Thousand Island  
Hot Bacon Vinaigrette  
Honey Balsamic  
Jalapeño Dressing  
Champagne Vinaigrette

## STEAKS

### **Not Including Sides**

House Sirloin  
Bourbon Street Steak  
Chicken Fried Steak  
New York Strip  
Ribeye  
Shrimp 'N Parmesan Sirloin  
Sizzling Steak & Cheese  
Steak & Grilled Shrimp  
Steak & Fried Shrimp  
Steak & Honey BBQ Chicken  
Steak & Riblets  
Sizzling Cajun Steak & Shrimp  
Roasted Garlic Sirloin  
Cabernet Mushroom Sirloin  
Sizzling Double Barrel Whisky Sirloins

## STEAK TOPPERS

Crispy Onion  
Grilled Onions  
Sauteed Garlic Mushrooms  
Shrimp & Parmesan

## SEAFOOD

### **Not Including Sides**

Fish & Chips  
Double Crunch Shrimp  
Orange Glazed Salmon  
Sizzling Asian Shrimp & Broccoli  
Garlic Herb Salmon  
Cajun Shrimp Pasta  
Blackened Tilapia  
Grilled Jalapeño-Lime Shrimp

## CHICKEN

### **Not Including Sides**

Chicken Tenders Basket  
Chicken Tenders Platter  
Chicken Fried Chicken  
Chicken Parmesan  
Grilled Dijon Chicken & Portobello  
Fiesta Lime Chicken  
Margherita Chicken  
Smothered Grilled Chicken  
Bourbon Street Chicken & Shrimp  
Sizzling Chili Lime Chicken  
Bruschetta Chicken  
Creamy Parmesan Chicken  
Sizzling Chicken Fundito

## RIBS

### **Not Including Sides**

Riblets Platter  
Double Glazed Baby Back Ribs  
Riblet Basket  
Riblets & Chicken Tenders Platter  
Riblets & Chicken Tenders Basket

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## FAJITAS

Sizzling Fajitas – Chicken, Steak, Shrimp & Combo(s)

## SANDWICHES & BURGERS

Reuben  
Bacon Cheese Chicken Grill  
Blackened Tilapia  
Burger  
Cheeseburger  
Bacon Cheeseburger  
Cowboy Burger  
California Turkey Club  
Cheeseburger Sliders  
Chicken Fajita Rollup  
Club House Grille  
Fire Pit Bacon Burger  
Honey BBQ Chicken Sandwich  
Philly Cheese Steak Sandwich  
Quesadilla Burger  
Veggie Burger  
Zesty Ranch Chicken Sandwich  
Battered Fish Sandwich  
Philly Burger  
Stuffed Meatball Sandwich  
Fried Green Tomato & Turkey Club  
Roast Beef, Bacon & Mushroom Melt  
Bourbon Black and Bleu Burger  
French Dip

## PASTA & BOWLS

Chicken & Broccoli Pasta Alfredo  
Shrimp Fettuccine Alfredo Bowl  
Three Cheese Chicken Penne Pasta

Provolone Stuffed Meatballs  
with Fettuccine  
Chicken Fettuccine Carbonara  
Blackened Chicken Penne  
Blackened Steak Penne

## SOUPS

Broccoli Cheese Soup  
Potato Cheese with Bacon Soup  
Home-Style Chicken Noodle  
Chicken Tortilla Soup  
New England Clam Chowder  
French Onion Soup  
Tomato Basil Soup  
Chili  
Black Bean Soup  
Tuscan Bean Soup with  
Chicken & Sausage  
Fiesta Corn Chowder

## SIDES

Baked Potato – Regular and Loaded  
French Fries  
Cole Slaw  
Fruit Side  
Garlic Broccoli  
Garlic Mashed Potatoes –  
Regular and Loaded  
Seasonal Vegetables  
Mexi Rice  
Celery  
Applesauce  
Herb Potatoes  
Chili Cheese Fries  
Add Fried Shrimp

Add Grilled Shrimp  
Crispy Red Potatoes  
Ciabatta Breadstick Basket  
Meatball Side  
Red Beans & Rice

## SAUCES

Pico de Gallo  
Honey Barbecue  
Southern Barbecue  
Sweet & Spicy Sauce  
Guacamole  
Tartar Sauce  
Seafood Sauce  
Spicy Brown Sugar Glaze  
Parmesan Topping  
Chipotle Mayo  
Marinara  
Wing Sauce  
Salsa  
Bruschetta  
Balsamic Glaze  
Creamy Avocado Dressing  
Au Jus  
Creamy Cheese Sauce (Mac Sauce)  
Country Gravy  
Black Bean Corn Salsa  
Dijon Sauce  
Signature Slider Sauce  
Alfredo Sauce  
Sour Cream  
Mayonnaise  
Chili Lime Sauce  
Spicy Orange Glaze

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## TREE NUT ALLERGEN INFORMATION ... CONTINUED

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### SAUCES ... CONTINUED

- Homestyle Sauce
- Napa Valley Red Wine Sauce
- Chunky Roma Pepper Relish
- Pesto Mayo
- Chimichurri Sauce

### DESSERTS

- Chocolate Chip Cookie Sundae
- Chocolate Mousse Shooter
- Hot Fudge Sundae Shooter
- Strawberry Cheesecake Shooter
- Triple Chocolate Meltdown

### CHILD'S MENU

#### *Not Including Sides*

- Cheese Pizza
- Chicken Tenders
- Corn Dog
- Fried Shrimp
- Grilled Cheese
- Grilled Chicken
- Mini Burger
- Mini Cheeseburger
- Crispy Chicken
- Hot Dog
- Macaroni & Cheese
- Pasta Marinara
- Steak
- Sundae
- Oreo® Cookie Sundae

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# WHEAT ALLERGEN INFORMATION

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## APPETIZERS

Chips & Salsa  
Potato Skins  
Queso Blanco Dip  
Potato Twisters

## SALADS WITHOUT DRESSING

Grilled Shrimp 'N Spinach Salad  
Santa Fe Chicken Salad  
Fiesta Chicken Chopped Salad

## SALAD DRESSINGS

Ranch  
Creamy Bleu Cheese  
Fat-Free Italian  
Garlic Caesar Dressing  
Honey Balsamic  
Honey French  
Honey Mustard  
Mexi Ranch  
Oriental Vinaigrette  
Thousand Island  
Jalapeño Dressing  
Champagne Vinaigrette

## STEAKS

### *Not Including Sides*

New York Strip  
Ribeye

## STEAK TOPPERS

Grilled Onions  
Shrimp 'N Parmesan

## SEAFOOD - *Not Including Sides*

Garlic Herb Salmon  
Blackened Tilapia  
Grilled Jalapeño-Lime Shrimp  
Sizzling N'Awlins Skillet

## CHICKEN - *Not Including Sides*

Grilled Dijon Chicken & Portobello  
Fiesta Lime Chicken  
Margherita Chicken  
Smothered Grilled Chicken  
Bourbon Street Chicken & Shrimp  
Sizzling Chicken Fundito

## SOUP

Tuscan Bean Soup with  
Chicken & Sausage

## SIDES

Baked Potato - Regular and Loaded  
French Fries  
Cole Slaw  
Fruit Side  
Garlic Mashed Potatoes -  
Regular and Loaded  
Seasonal Vegetables  
Almond Rice Pilaf  
Mexi Rice  
Celery  
Applesauce  
Herb Potatoes  
Add Grilled Shrimp  
Crispy Red Potatoes  
Red Beans & Rice

## SAUCES

Pico de Gallo  
Honey Barbecue  
Southern Barbecue  
Guacamole  
Tartar Sauce  
Seafood Sauce  
Parmesan Topping  
Chipotle Mayo  
Marinara  
Wing Sauce  
Salsa  
Bruschetta  
Balsamic Glaze  
Creamy Avocado Dressing  
Black Bean Corn Salsa  
Dijon Sauce  
Signature Slider Sauce  
Mayonnaise  
Sour Cream  
Alfredo Sauce  
Creamy Cheese Sauce (Mac Sauce)  
Chili Lime Sauce  
Napa Valley Red Wine Sauce  
Chunky Roma Pepper Relish  
Pesto Mayo  
Chimichurri Sauce

## DESSERTS

Hot Fudge Sundae Shooter

## CHILD'S MENU

### *Not Including Sides*

Sundae

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# Applebee's FISH ALLERGEN INFORMATION

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## APPETIZERS

Chili Cheese Nachos  
Chicken Quesadilla Grande  
Chips & Salsa  
Mozzarella Sticks  
Potato Skins  
Queso Blanco  
Spinach & Artichoke Dip  
Steak Quesadilla Towers  
Veggie Patch Pizza  
Chicken Wonton Tacos  
Quesadilla Grande  
Crunchy Onion Rings  
Potato Twisters  
Queso Blanco with Chili

## SALADS WITHOUT DRESSING

House Salad  
Apple Walnut Chicken Salad  
Fried Chicken Salad  
Grilled Oriental Chicken Salad  
Grilled Shrimp 'N Spinach Salad  
Oriental Chicken Salad  
Santa Fe Chicken Salad  
Pecan Crusted Chicken Salad  
Grilled Chicken Caesar Salad  
Grilled Steak Caesar Salad  
House Caesar Salad  
Bruschetta Chicken Salad  
Fiesta Chicken Chopped Salad

## SALAD DRESSINGS

Ranch  
Fat-Free Italian  
Honey Balsamic

Honey French  
Honey Mustard  
Mexi Ranch  
Oriental Vinaigrette  
Thousand Island  
Hot Bacon Vinaigrette  
Jalapeño Dressing  
Champagne Vinaigrette

## STEAKS

### **Not Including Sides**

Bourbon Street Steak  
Chicken Fried Steak  
New York Strip  
Ribeye  
Shrimp 'N Parmesan Sirloin  
Sizzling Steak & Cheese  
Steak & Grilled Shrimp  
Steak & Fried Shrimp  
Steak & Honey BBQ Chicken  
Steak & Riblets  
House Sirloin  
Signature Sirloin with  
Garlic Herb Shrimp  
Sizzling Cajun Steak & Shrimp  
Cabernet Mushroom Sirloin  
Sizzling Double Barrel Whisky Sirloins

## STEAK TOPPERS

Crispy Onion  
Grilled Onions  
Sauteed Garlic Mushrooms  
Shrimp & Parmesan

## SEAFOOD

### **Not Including Sides**

Double Crunch Shrimp  
Sizzling Asian Shrimp & Broccoli  
Grilled Jalapeño-Lime Shrimp  
Sizzling N'Awlins Skillet

## CHICKEN

### **Not Including Sides**

Chicken Tenders Basket  
Chicken Tenders Platter  
Chicken Fried Chicken  
Chicken Parmesan  
Grilled Dijon Chicken & Portobello  
Fiesta Lime Chicken  
Margherita Chicken  
Smothered Grilled Chicken  
Crispy Orange Chicken  
Bourbon Street Chicken & Shrimp  
Bruschetta Chicken  
Sizzling Chili Lime Chicken  
Creamy Parmesan Chicken  
Sizzling Chicken Fundito

## RIBS

### **Not Including Sides**

Riblets Platter  
Double Glazed Baby Back Ribs  
Riblet Basket  
Riblets & Chicken Tenders Platter  
Riblets & Chicken Tenders Basket

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# Applebee's FISH ALLERGEN INFORMATION ... CONTINUED

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## SANDWICHES & BURGERS

Bacon Cheese Chicken Grill  
Burger  
Cheeseburger  
Bacon Cheeseburger  
Cowboy Burger  
California Turkey Club  
Cheeseburger Sliders  
Chicken Fajita Rollup  
Club House Grille  
Fire Pit Bacon Burger  
Honey BBQ Chicken Sandwich  
Oriental Chicken Salad Rollup  
Philly Cheese Steak Sandwich  
Quesadilla Burger  
Veggie Burger  
Zesty Ranch Chicken Sandwich  
Philly Burger  
Stuffed Meatball Sandwich  
Fried Green Tomato & Turkey Club  
Roast Beef, Bacon & Mushroom Melt  
Bourbon Black and Bleu Burger  
Reuben Sandwich

## PASTA & BOWLS

Chicken & Broccoli Pasta Alfredo  
Shrimp Fettuccine Alfredo Bowl  
Three Cheese Chicken Penne Pasta  
Provolone Stuffed Meatballs  
with Fettuccine  
Chicken Fettuccine Carbonara  
Blackened Chicken Penne  
Blackened Steak Penne

## SOUPS

Broccoli Cheese Soup  
Home-Style Chicken Noodle  
Chicken Tortilla Soup  
French Onion Soup  
Tomato Basil Soup  
Chili  
Black Bean Soup  
Tuscan Bean Soup with  
Chicken & Sausage  
Fiesta Corn Chowder  
Potato Cheese with Bacon Soup

## SIDES

Baked Potato – Regular and Loaded  
French Fries  
Cole Slaw  
Fruit Side  
Garlic Broccoli  
Garlic Mashed Potatoes –  
Regular and Loaded  
Seasonal Vegetables  
Almond Rice Pilaf  
Mexi Rice  
Celery  
Applesauce  
Herb Potatoes  
Chili Cheese Fries  
Add Fried Shrimp  
Add Grilled Shrimp  
Crispy Red Potatoes  
Ciabatta Breadstick Basket  
Meatball Side  
Red Beans & Rice

## SAUCES

Pico de Gallo  
Honey Barbecue  
Southern Barbecue  
Sweet & Spicy Sauce  
Guacamole  
Tartar Sauce  
Seafood Sauce  
Spicy Brown Sugar Glaze  
Parmesan Topping  
Chipotle Mayo  
Marinara  
Wing Sauce  
Salsa  
Bruschetta  
Balsamic Glaze  
Creamy Avocado Dressing  
Au Jus  
Creamy Cheese Sauce (Mac Sauce)  
Country Gravy  
Black Bean Corn Salsa  
Dijon Sauce  
Signature Slider Sauce  
Alfredo Sauce  
Mayonnaise  
Sour Cream  
Chili Lime Sauce  
Spicy Orange Glaze  
Homestyle Sauce  
Napa Valley Red Wine Sauce  
Chunky Roma Pepper Relish  
Pesto Mayo  
Chimichurri Sauce

**Continued on next page ...**

Limited time offers, test products, and regional items are not included in the posted information. While efforts are made to keep this information current, it is possible that ingredient changes and substitutions may occur due to the differences in regional suppliers, product changes, preparation techniques, and/or the season. We recommend that our guests with food allergies or special dietary needs consult with a restaurant manager prior to placing an order to review the posted information for accuracy and availability at that particular location. Because this information changes, please make sure you are referencing the most current version (see box below). **Due to the individualized nature of allergies and food sensitivities, Applebee's cannot make recommendations that are suitable for your dietary needs. Please consult your physician.**

**Applebee's Guest Relations 888-59APPLE (888-592-7753)**

**APPLICABLE ONLY TO THE U.S.A. THIS INFORMATION IS GOOD THROUGH 7/1/2012.**



# FISH ALLERGEN INFORMATION ... CONTINUED

As America's Favorite Neighbor, the health and safety of our guests are top priorities at Applebee's. Our commitment to you is to provide the most current allergen information available from our food suppliers. The menu items listed on this page are not prepared with fish or made with ingredients that contain fish when prepared according to the standard recipe. Please be aware that during normal kitchen operations involving shared cooking and preparation areas, including common fryer oil, the possibility exists for food items to come in contact with other food products. **Due to these circumstances, we are unable to guarantee that any menu item can be completely free of allergens.**

## DESSERTS

- Blue Ribbon Brownie
- Chocolate Chip Cookie Sundae
- Maple Walnut Brownie
- Chocolate Mousse Shooter
- Hot Fudge Sundae Shooter
- Strawberry Cheesecake Shooter
- Sizzling Apple Pie
- Triple Chocolate Meltdown

## CHILD'S MENU

### *Not Including Sides*

- Cheese Pizza
- Chicken Tenders
- Corn Dog
- Fried Shrimp
- Grilled Cheese
- Grilled Chicken
- Mini Burger
- Mini Cheeseburger
- Crispy Chicken
- Hot Dog
- Macaroni & Cheese
- Pasta Marinara
- Steak
- Sundae
- Oreo® Cookie Sundae

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# Applebee's® GLUTEN ALLERGEN INFORMATION

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## APPETIZERS

Chips & Salsa  
Potato Skins  
Queso Blanco Dip

## SALADS WITHOUT DRESSING

Grilled Shrimp 'N Spinach Salad  
Santa Fe Chicken Salad  
Fiesta Chicken Chopped Salad

## SALAD DRESSINGS

Ranch  
Creamy Bleu Cheese  
Fat-Free Italian  
Garlic Caesar Dressing  
Honey Balsamic  
Honey French  
Honey Mustard  
Mexi Ranch  
Oriental Vinaigrette  
Jalapeño Dressing  
Champagne Vinaigrette

## STEAKS

### *Not Including Sides*

New York Strip  
Ribeye

## STEAK TOPPERS

Grilled Onions

## SEAFOOD

### *Not Including Sides*

Blackened Tilapia  
Grilled Jalapeño-Lime Shrimp  
Sizzling N'Awlins Skillet

## CHICKEN

### *Not Including Sides*

Grilled Dijon Chicken & Portobello  
Fiesta Lime Chicken  
Bourbon Street Chicken & Shrimp  
Sizzling Chicken Fundito

## SOUP

Tuscan Bean Soup with  
Chicken & Sausage

## SIDES

Baked Potato – Regular and Loaded  
French Fries  
Cole Slaw  
Fruit Side  
Garlic Mashed Potatoes –  
Regular and Loaded  
Seasonal Vegetables  
Almond Rice Pilaf  
Mexi Rice  
Celery  
Applesauce  
Herb Potatoes  
Add Grilled Shrimp  
Crispy Red Potatoes  
Red Beans & Rice

## SAUCES

Pico de Gallo  
Southern Barbecue  
Guacamole  
Marinara  
Salsa  
Bruschetta  
Balsamic Glaze  
Black Bean Corn Salsa  
Dijon Sauce  
Signature Slider Sauce  
Mayonnaise  
Sour Cream  
Napa Valley Red Wine Sauce  
Chunky Roma Pepper Relish  
Pesto Mayo  
Chimichurri Sauce  
Alfredo Sauce  
Honey Barbecue Sauce

## DESSERTS

Hot Fudge Sundae Shooter

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